

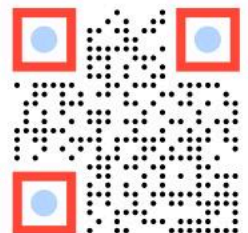
WRIST ARTHROSCOPY COURSE



**11-12
DECEMBER,
2026**

IRCAD INDIA, INDORE

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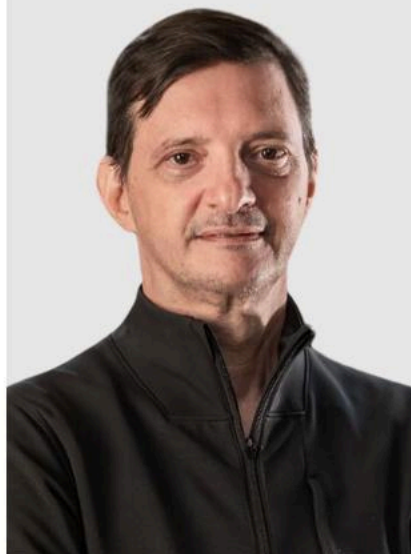
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TIME	LECTURE / SESSION
08:00 am	WELCOMING OF PARTICIPANTS / OPENING CEREMONY
08:30 am	Theoretical session 1 - The Basics Chairpersons - <ul style="list-style-type: none">• Wrist arthroscopic anatomy, Technique and portals (12')• Principles, Indications, Complications of WA (12')• Removal of ganglia (10')• Styloidectomy (8')• Distal resection of the ulna (8') <i>Discussion 5'</i>
09:20 am	COFFEE BREAK
09:30 am	Hands-on session 1 Procedures - <i>Exploration of normal wrist joint, radiocarpal and midcarpal Removal of foreign body, Synovectomy, Ganglia, Wafer -</i> Experts help students directly at their allocated tables on an anatomical specimen with simultaneous teaching. Individual practical training by students. <i>(1 expert for 2 operating tables)</i> All Experts
12:30 pm	LUNCH AT THE INSTITUTE
01:30 pm	Theoretical session 2 - TFCC Pb Chairpersons - <ul style="list-style-type: none">• An update of our understanding and practice of the anatomy, biomechanics, clinical and arthroscopic evaluation of DRUJ (15')• What technique for what lesions (15')• My technique of DRU ligament reconstruction (8') <i>Discussion 10'</i>
02:15 pm	COFFEE BREAK

TIME	LECTURE / SESSION
02:30 pm	<p>Hands-on session 2</p> <p>Procedures - TFCC repairs & reconstructions</p> <p>Experts help students directly at their allocated tables on an anatomical specimen with simultaneous teaching. Individual practical training by students. (1 expert for 2 operating tables)</p> <p>All Experts</p>
05:30 pm	END OF THE SESSION
08:00 pm	FACULTY & PARTICIPANTS DINNER

TIME	LECTURE / SESSION
08:00 am	EVALUATION OF THE PREVIOUS DAY
08:30 am	Theoretical session 3 - SL pb Chairpersons - <ul style="list-style-type: none">• Pathoanatomy of SL instability, and clinical application of arthroscopic repair techniques in 2025 (12')• Role of DIC and volar ligaments in acute and chronic scapholunate dissociation (reducible). (12')• Ligament specific reconstruction for SLI (10')• How I do an arthroscopy-assisted scapholunate reconstruction with internal brace augmentation (8') <i>Discussion 10'</i>
09:20 am	COFFEE BREAK
09:30 am	Hands-on session 3 Procedures - Scapholunate - ADCL & SL reconstructions Experts help students directly at their allocated tables on an anatomical specimen with simultaneous teaching. Individual practical training by students. <i>(1 expert for 2 operating tables)</i> All Experts
12:30 pm	LUNCH AT THE INSTITUTE
01:30 pm	Theoretical session 4 - Scaphoid & Bone Pb Chairpersons - <ul style="list-style-type: none">• Scaphoid nonunion: My procedure (10')• Arthroscopic bone fusion (15')• Arthroscopic management of SNAC Wrist (15') <i>Discussion 10'</i>
02:45 pm	COFFEE BREAK

TIME	LECTURE / SESSION
03:00 pm	<p>Hands-on session 4</p> <p>Procedures -</p> <p>Scaphoid non-union Bone fusion, Distal radius fracture</p> <p>Experts help students directly at their allocated tables on an anatomical specimen with simultaneous teaching. Individual practical training by students. <i>(1 expert for 2 operating tables)</i></p>
05:00 pm	<p>END OF THE COURSE</p> <p>DELIVERY OF CERTIFICATES OF ATTENDANCE</p>

All Experts

ACCOMMODATION & AMENITIES

To ensure a comfortable experience, IRCAD INDIA offers

- **Luxury On-Campus Stay:** World-class amenities at IICC.
- **Nutritious Dining:** Healthy meals in a relaxing setting.
- **Easy Transportation:** 20 mins from the airport, 30 mins from the railway station.
- **Complimentary Wi-Fi:** Stay connected anytime.
- **Event Spaces:** Two Conference halls and board meeting rooms.
- **Fitness & Wellness:** Fully equipped gym.
- **24/7 Service & Accessibility:** Room service, ample parking, and wheelchair-friendly facilities.



REGISTRATION CHARGES

► COURSE FEES: ► INR 1,10,000 + 18% GST ► USD 1600

Please note: The course fee does not cover accommodation expenses.

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