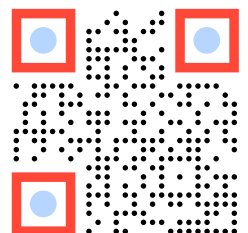


WRIST ARTHROSCOPY COURSE



**11-12
DEC, 2026**
IRCAD INDIA, INDORE

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TIME	LECTURE / SESSION
08:00 am	WELCOMING OF PARTICIPANTS / OPENING CEREMONY
08:30 am	Theoretical session 1 - The Basics Chairpersons - • Wrist arthroscopic anatomy, Technique and portals (12') • Principles, Indications, Complications of WA (12') • Removal of ganglia (10') • Styloidectomy (8') • Distal resection of the ulna (8') <i>Discussion 5'</i>
09:20 am	COFFEE BREAK
09:30 am	Hands-on session 1 Procedures - <i>Exploration of normal wrist joint, radiocarpal and midcarpal Removal of foreign body, Synovectomy, Ganglia, Wafer -</i> Experts help students directly at their allocated tables on an anatomical specimen with simultaneous teaching. Individual practical training by students. <i>(1 expert for 2 operating tables)</i> All Experts
12:30 pm	LUNCH AT THE INSTITUTE
01:30 pm	Theoretical session 2 - TFCC Pb Chairpersons - • An update of our understanding and practice of the anatomy, biomechanics, clinical and arthroscopic evaluation of DRUJ (15') • What technique for what lesions (15') • My technique of DRU ligament reconstruction (8') <i>Discussion 10'</i>
02:15 pm	COFFEE BREAK

TIME	LECTURE / SESSION
02:30 pm	Hands-on session 2 Procedures - TFCC repairs & reconstructions Experts help students directly at their allocated tables on an anatomical specimen with simultaneous teaching. Individual practical training by students. (1 expert for 2 operating tables) All Experts
05:30 pm	<i>END OF THE SESSION</i>
08:00 pm	<i>FACULTY & PARTICIPANTS DINNER</i>

TIME	LECTURE / SESSION
08:00 am	EVALUATION OF THE PREVIOUS DAY
08:30 am	Theoretical session 3 - SL pb Chairpersons - • Pathoanatomy of SL instability, and clinical application of arthroscopic repair techniques in 2026 (12') • Role of DIC and volar ligaments in acute and chronic scapholunate dissociation (reducible). (12') • Ligament specific reconstruction for SLI (10') • How I do an arthroscopy-assisted scapholunate reconstruction with internal brace augmentation (8') <i>Discussion 10'</i>
09:20 am	COFFEE BREAK
09:30 am	Hands-on session 3 Procedures - Scapholunate - ADCL & SL reconstructions Experts help students directly at their allocated tables on an anatomical specimen with simultaneous teaching. Individual practical training by students. <i>(1 expert for 2 operating tables)</i> All Experts
12:30 pm	LUNCH AT THE INSTITUTE
01:30 pm	Theoretical session 4 - Scaphoid & Bone Pb Chairpersons - • Scaphoid nonunion: My procedure (10') • Arthroscopic bone fusion (15') • Arthroscopic management of SNAC Wrist (15') <i>Discussion 10'</i>
02:45 pm	COFFEE BREAK

TIME	LECTURE / SESSION
03:00 pm	Hands-on session 4 Procedures - Scaphoid non-union Bone fusion, Distal radius fracture Experts help students directly at their allocated tables on an anatomical specimen with simultaneous teaching. Individual practical training by students. <i>(1 expert for 2 operating tables)</i>
05:00 pm	<i>END OF THE COURSE</i> <i>DELIVERY OF CERTIFICATES OF ATTENDANCE</i>

All Experts

ACCOMMODATION & AMENITIES

To ensure a comfortable experience, IRCAD INDIA offers

- **Luxury On-Campus Stay:** World-class amenities at IICC.
- **Nutritious Dining:** Healthy meals in a relaxing setting.
- **Easy Transportation:** 20 mins from the airport, 30 mins from the railway station.
- **Complimentary Wi-Fi:** Stay connected anytime.
- **Event Spaces:** Two Conference halls and board meeting rooms.
- **Fitness & Wellness:** Fully equipped gym.
- **24/7 Service & Accessibility:** Room service, ample parking, and wheelchair-friendly facilities.



REGISTRATION CHARGES

► COURSE FEES: ► INR 1,10,000 + 18% GST ► USD 1600

Please note: The course fee does not cover accommodation expenses.

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