



# Hands-On Training In Laparoscopic & Hysteroscopic Skills For GYN Surgeons

 **June 06 - 08 2025**

🔹 **Eligibility**

Gyn surgeons looking to  
enhance endoscopic skills

🔹 **Duration**

3 days

🔹 **Venue**

IRCAD India, SAU campus

🔹 **Components**

- Hands on first assistant role in live surgeries alongside faculty.
- Live case demonstration.
- One-on-one interaction with expert faculty.

🔹 **Course Director**

Dr. Shilpa Bhandari

🔹 **Faculty**

Dr. Hrishikesh Pandit  
Dr. Namrata Kachhara  
Dr. Shruti Paliwal

🔹 **Patron**

Dr. Manjushree Bhandari  
Dr. Jyoti Bindal

## ➤ Skills Imparted

- Hysteroscopy
- Insufflation and Port Placements
- Use Of Bipolar / Ultrasonic Scalpel / Vessel Seal Etc.
- Use Of Scissors and Maryland For Adhesiolysis
- Laparoscopic Suturing
- Endo Bag Placement and Tissue Retrieval

## ➤ Expected Surgical Knowledge To Be Gained For Implementation

- Diagnostic Hystero- Laparoscopy
- Laparoscopic Adhesiolysis
- Lap Oophorectomy
- TLH
- Lap Adnexectomy
- Lap Salpingectomy
- Lap Recanalisation
- Lap Cystectomy

Time Slot	Description		Faculty
08:45 am	Registration & Pretest		
09:00 am to 09:15	Introduction to ircad & future courses		Dr. Mohit Bhandari
09:15 am to 10:00 noon	Managing the Basics	<ul style="list-style-type: none"> <li>• General considerations in endoscopic surgery</li> <li>• Operating room set-up</li> <li>• Ergonomics</li> </ul>	Dr. Shilpa Bhandari
10:00 am to 10:30 am	Debate	<ul style="list-style-type: none"> <li>• Uterine Assessment – Which is the Ideal Diagnostic Tool?</li> </ul>	Dr. Shweta Kaul Jha – Hysteroscopy Dr. Nikita Rawal – Ultrasound (USG)
10:30 am to 01:30 am	<b>Live Surgeries</b>  Hands on first assistant role in live surgeries alongside faculty	<ul style="list-style-type: none"> <li>• Diagnostic Hystero- Laparoscopy</li> <li>• Laparoscopic Adhesiolysis</li> <li>• Lap Oophorectomy</li> <li>• TLH</li> <li>• Hystroscopy</li> <li>• Lap Salpingectomy</li> </ul>	Dr. Shilpa Bhandari Dr Hrishikesh Pandit Dr. Namrata Kachhara Dr. Shruti Paliwal
01:30 pm to 02:30 pm		Lunch	
03:00 pm to 04:00 pm	Introduction to instruments Ergonomics Demonstration of exercises	<ul style="list-style-type: none"> <li>• Instruments - all hand instruments, morcellator, ports, Verres, cautery</li> <li>• Explanation of table and patient position.</li> <li>• Demonstration of camera/scope / light source</li> <li>• Demonstration of each exercise at a single table</li> </ul>	All
04:00 pm to 05:00 pm	Hands-eye coordination exercises	<ul style="list-style-type: none"> <li>• Picking up color-specific rings and putting on nails</li> <li>• Cutting along zig-zag lines</li> <li>• Putting assorted objects in small bags</li> <li>• Suturing skills</li> <li>• Creating a maze with thread</li> </ul>	All
05:00 pm to 06:00 pm	Hands-eye coordination exercises	Any one exercise to be chosen and timed for completion. The one who wins gets exciting prizes.	All



Time Slot	Description		Faculty
09:10:00 am	<ul style="list-style-type: none"> <li>• Laparoscopic anatomy revisited</li> <li>• Laparoscopic complications: the truth</li> <li>• Laparoscopic suturing: theory for loading the needle and different knotting technique</li> </ul>		Dr Hrishikesh Pandit Dr. Shilpa Bhandari Dr. Namrata Kachhara
09:10:00 am	<b>Live Surgeries</b>  Hands on first assistant role in live surgeries alongside faculty	<ul style="list-style-type: none"> <li>• Diagnostic Hystero- Laparoscopy</li> <li>• Laparoscopic Adhesiolysis</li> <li>• Lap Oophorectomy</li> <li>• TLH</li> <li>• Hystroscopy</li> <li>• Lap Salpingectomy</li> </ul>	Dr. Shilpa Bhandari Dr Hrishikesh Pandit Dr. Namrata Kachhara Dr. Shruti Paliwal
01:00 pm to 02:00 pm	<b>Lunch</b>		
02:00 pm to 05:00 pm	<ul style="list-style-type: none"> <li>• Hysteroscopic Training on Simulator</li> <li>• Laparoscopic Suturing on an Endotrainer</li> <li>• Techniques for needle loading. Bimanual skills</li> <li>• intracorporeal and extracorporeal knotting</li> <li>• How to become a suturing expert</li> </ul>		All



## ➤ Day 3

Time Slot	Description	Faculty
09:00 am to 10:00 am	<b>Hands on Session on Live Tissue: Skill you will Learn</b> <ul style="list-style-type: none"><li>• Complex suturing technique</li><li>• diagnostic hystero - laparoscopy</li><li>• Lap oophorectomy</li><li>• Lap adnexectomy</li><li>• Lap Salpingectomy</li><li>• Lap Recanalisation</li><li>• Hysteroscopic Training</li></ul>	All
01:00 pm to 02:00 pm	<b>Lunch</b>	
02:00 pm to 03:00 pm	<b>Post Test &amp; Certification</b>	All

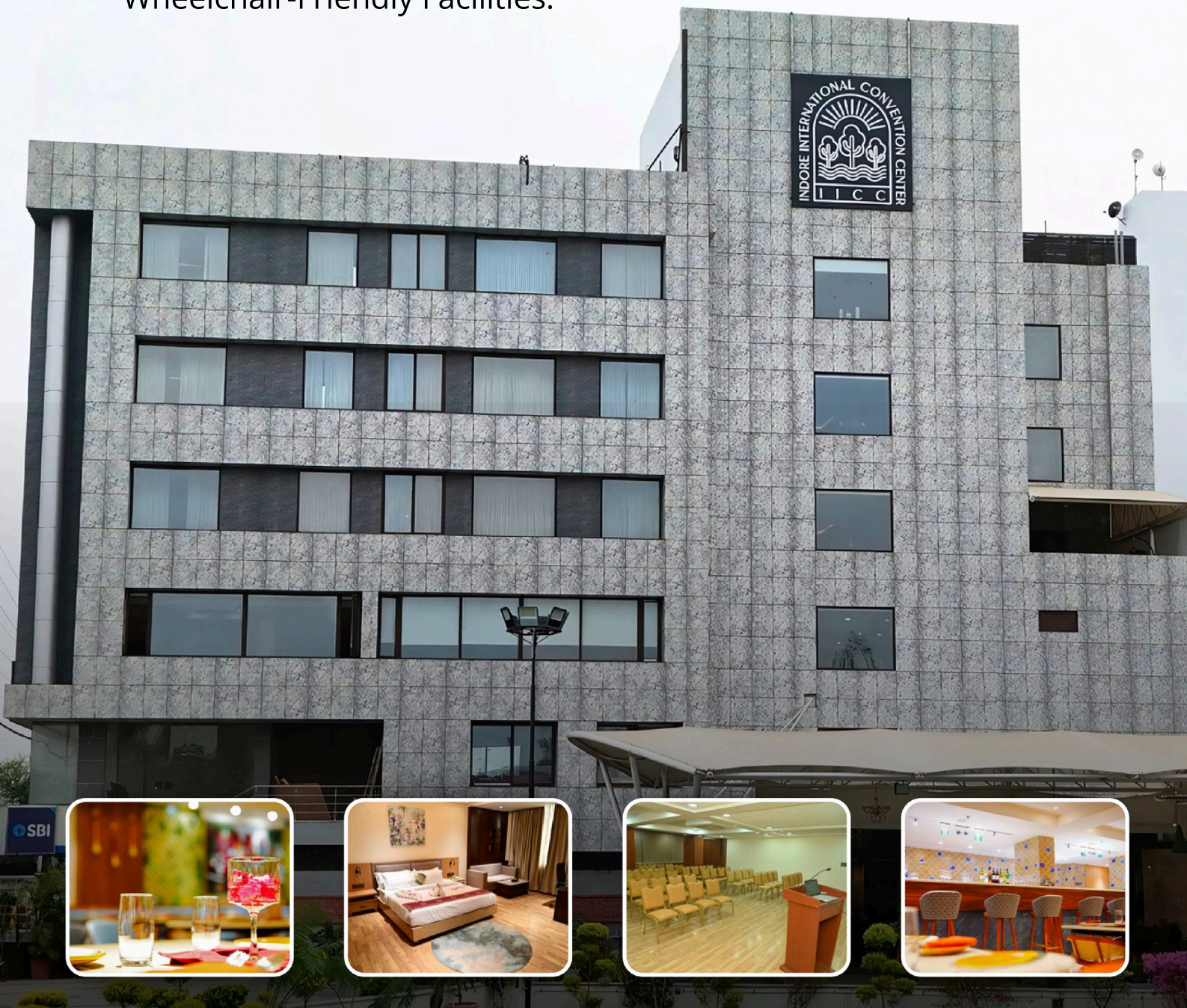




## ➤ Accommodation and Amenities

To ensure a comfortable experience, IRCAD India offers:

- **Luxury On-Campus Stay:** World-Class Amenities At IICC.
- **Nutritious Dining:** Healthy Meals In A Relaxing Setting.
- **Easy Transportation:** 20 Mins From The Airport, 30 Mins From The Railway Station.
- **Complimentary Wi-Fi:** Stay Connected Anytime.
- **Event Spaces:** Two Conference Halls And Board Meeting Rooms.
- **Fitness & Wellness:** Fully Equipped Gym.
- **24/7 Service & Accessibility:** Room Service, Ample Parking, And Wheelchair-Friendly Facilities.





## Registration

### Option A

**₹24,000 + GST**

(Accommodation not included)

### Option B

**₹30,000 + GST**

(Accommodation included)

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FOR ENROLLMENT



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