

# IRCAD-IWC IWAS Pre APWA-APFSSH Meeting Ultrasound Surgery & Wrist Arthroscopy Course INAUGURAL IRCAD-IWC INDIA COURSE

**ircad**  
India

**IRCAD INDIA, Indore**  
September 7th, 8th and 9th, 2025

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France



An IRCAD-IWC Course  
Endorsed by APWA & IWAS

With the support of:



ACADÉMIE NATIONALE  
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French Academy of Surgery



**IRCAD-IWC IWAS Pre APWA-APFSSH Meeting  
Ultrasound Surgery & Wrist Arthroscopy Course  
INAUGURAL IRCAD-IWC INDIA COURSE**

**Course Supervisors**

Christophe Mathoulin (France), Greg Bain (Australia), Toshiyasu Nakamura (Japan)

**Course Directors**

Olivier Mares (France), Abhijeet Wahegaonkar (India), Andrew Chin (Singapore)

**National Faculty**

Prakash Khanchandani  
(India)  
Shailesh Gupta (India)

Anil Bhat (India)  
Ravi Bharadwaj (India)  
Darshan Kumar Jain (India)

Vikas Gupta (India)  
Pankaj Ahire (India)  
Gaurav Pagare (India)

**International Faculty**

Jun Pang Wang (Taiwan)  
Joo-Yup Lee (Korea)  
Mark Ross (Australia)  
Jeff Ecker (Australia)  
Eva-Maria Baur (Germany)

Abhinav Aggarwal (Australia)  
Ahlam Arnaout (France)  
Margaret Fok (Hong-Kong)  
Chihab Taleb (France)  
Lorenzo Merlini (France)

Javier Ferreira (Spain)  
Hideo Hasegawa (Japan)  
Petrus Van Hoonacker  
(Belgium)  
Bo Liu (China)

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## DAY 1 ULTRASOUND SURGERY

Sunday, September 7 - 2025

Welcoming of participants/OPENING CEREMONY

### **Theoretical session 1 - The Basics**

#### ***Chairpersons:***

- Setup and use of the ultrasound machine. (12')
- How to start ultrasound surgery (12')
- Ultrasound-guided anatomical landmarks and corresponding radiological anatomy. (10 min)
- Techniques in ultrasound. (8 min)

COFFEE BREAK

### **Hands-on session 1**

#### **Procedures**

- o Standard exploration of anatomical structures and main landmarks in the hand, wrist, and elbow:
  - The epicondyle.
  - The ulnar nerve at the elbow.
  - The lacertus.
  - The path of the short extensor/long abductor of the thumb.
  - The distal radius and distal radioulnar (DRU) joint.
  - The carpal tunnel.
  - The digital tunnel.

Ultrasound-guided infiltration of the upper limb

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## **DAY 1 ULTRASOUND SURGERY**

**Sunday, September 7 - 2025**

LUNCH AT THE INSTITUTE

**Theoretical session 2 – Focus on the hand**

***Chairpersons:***

- Carpal tunnel: retrograde and anterograde techniques
- Trigger finger of the long finger and thumb
- Ultrasound and local anesthesia
- Lacertus: (retrograde and anterograde techniques)

Discussion 4'

COFFEE BREAK

**Hands-on session 1**

**Procedures**

- o Release of flexor tendons (A1 pulley).
- o Release of Lacertus
- o Division of the flexor retinaculum: retrograde and anterograde techniques

END OF ULTRASOUND COURSE

DINNER WITH FACULTIES IN HONOR OF THE PARTICIPANTS

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## DAY 2 WRIST ARTHROSCOPY

Monday, September 8 - 2025

Welcoming of participants/OPENING CEREMONY

### **Theoretical session 2 - The Basics**

#### ***Chairpersons:***

- Wrist arthroscopic anatomy, Technique and portals (12')
- Principles, Indications, Complications of WA (12')
- Removal of ganglia (10 min)
- Styloidectomy (8 min)
- Distal resection of the ulna (8 min)

Discussion 5'

COFFEE BREAK

### **Hands-on session 1**

#### **Procedures**

- o Exploration of normal wrist joint, radiocarpal and midcarpal Removal of foreign body, Synovectomy, Ganglia
- Experts help students directly at their allocated tables on an anatomical specimen with simultaneous teaching. Individual practical training by students (1 expert for 2 operating tables) - All Experts

LUNCH AT THE INSTITUTE

### **Theoretical session 2 -TFCC Pb**

#### ***Chairperson:***

- An update of our understanding and practice of the anatomy, biomechanics, clinical and arthroscopic evaluation of DRUJ (12 min)
- What technique for what lesions (10 min)
- My technique of DRU ligament reconstruction (8 min)

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## **DAY 2 WRIST ARTHROSCOPY**

**Monday, September 8 - 2025**

COFFEE BREAK

**Hands-on session 2**

**Procedures**

o **TFCC repairs & reconstructions**

- Experts help students directly at their allocated tables on an anatomical specimen with simultaneous teaching. Individual practical training by students (1 expert for 2 operating tables) - All Experts

END OF THE SESSION

FACULTY & PARTICIPANTS DINNER

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## DAY 3 WRIST ARTHROSCOPY

Tuesday, September 9 - 2025

EVALUATION OF THE PREVIOUS DAY

**Theoretical session 3 – SL pb**

**Chairperson:**

- Pathoanatomy of SL instability, and clinical application of arthroscopic repair techniques in 2025 (12')
- Role of DIC and volar ligaments in acute and chronic scapholunate dissociation (reducible). (12')
- Ligament specific reconstruction for SLI (10')
- How I do an arthroscopy-assisted scapholunate reconstruction with internal brace augmentation (8')

COFFEE BREAK

**Hands-on session 3**

**Procedures :**

- o Scapholunate: ADCL & SL reconstructions
  - Experts help students directly at their allocated tables on an anatomical specimen with simultaneous teaching. Individual practical training by students (1 expert for 2 operating tables) - All Experts

Lunch at the Institute

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## DAY 3 WRIST ARTHROSCOPY

Tuesday, September 9 - 2025

**Theoretical session 4 – Scaphoid & Bone Pb**

**Chairperson:**

- Scaphoid nonunion: My procedure (10 ')
- Proximal pole nonunion (8 ')
- Arthroscopic bone fusion (10 ')
- Arthroscopic management of SNAC Wrist (10')

Discussion -

COFFEE BREAK

**Hands-on session 4**

**Procedures :**

- o Scaphoid non-union Bone fusion, Distal radius fracture
  - Experts help students directly at their allocated tables on an anatomical specimen with simultaneous teaching. Individual practical training by students (1 expert for 2 operating tables) - All Experts

END OF THE COURSE

DELIVERY OF CERTIFICATES OF ATTENDANCE



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Modified American Plan	4,928	6,048
American Plan	5,600	6,720

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Modified American Plan	6,048	7,168
American Plan	6,720	7,840

<b>Executive Suite</b>	<b>Single Occupancy</b>	<b>Double Occupancy</b>
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Includes Room, Breakfast, Lunch, and Dinner

**For More Information please visit: [iiccindore.com](http://iiccindore.com)**



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SPECIAL

## Registration Fees

### For Registration

Click on the below  
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#### Ultrasound Surgery

##### Registration Fee Includes

- Live or prerecorded operative demonstrations
- Theoretical sessions
- Hands-On Sessions
- Coffee Breaks and Lunch

##### Registration Fee Excludes

- Travel, Local Transportation and Accommodation
- Dinners

**INR 75,000 + 18 % GST**  
**USD 1100**

#### Wrist Arthroscopy

##### Registration Fee Includes

- Live or prerecorded operative demonstrations
- Theoretical sessions
- Hands-On Sessions
- Coffee Breaks, Lunches and 1 Gala Dinner (Faculty & Delegates)

##### Registration Fee Excludes

- Travel, Local Transportation and Accommodation
- Dinners

**INR 100,000 + 18 % GST**  
**USD 1500**

#### Ultrasound Surgery and Wrist Arthroscopy

##### Registration Fee Includes

- Live or prerecorded operative demonstrations
- Theoretical sessions
- Hands-On Sessions
- Coffee Breaks, Lunches and 1 Gala Dinner (Faculty & Delegates)

##### Registration Fee Excludes

- Travel, Local Transportation and Accommodation
- Dinners

**INR 125,000 + 18 % GST**  
**USD 2000**

For more information contact : **9893136242 | 7389038080**

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