

IRCAD-IWC IWAS Pre APWA-APFSSH Meeting Ultrasound Surgery & Wrist Arthroscopy Course INAUGURAL IRCAD-IWC INDIA COURSE

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IRCAD INDIA, Indore
September 7th, 8th and 9th, 2025

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An IRCAD-IWC Course
Endorsed by APWA & IWAS

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**IRCAD-IWC IWAS Pre APWA-APFSSH Meeting
Ultrasound Surgery & Wrist Arthroscopy Course
INAUGURAL IRCAD-IWC INDIA COURSE**

Course Supervisors

Christophe Mathoulin (France), Greg Bain (Australia), Toshiyasu Nakamura (Japan)

Course Directors

Olivier Mares (France), Abhijeet Wahegaonkar (India), Andrew Chin (Singapore)

National Faculty

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(India)
Shailesh Gupta (India)

Anil Bhat (India)
Ravi Bharadwaj (India)
Darshan Kumar Jain (India)

Vikas Gupta (India)
Pankaj Ahire (India)
Gaurav Pagare (India)

International Faculty

Jun Pang Wang (Taiwan)
Joo-Yup Lee (Korea)
Mark Ross (Australia)
Jeff Ecker (Australia)
Eva-Maria Baur (Germany)

Abhinav Aggarwal (Australia)
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Margaret Fok (Hong-Kong)
Chihab Taleb (France)
Lorenzo Merlini (France)

Javier Ferreira (Spain)
Hideo Hasegawa (Japan)
Petrus Van Hoonacker
(Belgium)
Bo Liu (China)

**IRCAD-IWC IWAS Pre APWA-APFSSH Meeting
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DAY 1 ULTRASOUND SURGERY

Sunday, September 7 - 2025

Welcoming of participants/OPENING CEREMONY

Theoretical session 1 - The Basics

Chairpersons:

- Setup and use of the ultrasound machine. (12')
- How to start ultrasound surgery (12')
- Ultrasound-guided anatomical landmarks and corresponding radiological anatomy. (10 min)
- Techniques in ultrasound. (8 min)

COFFEE BREAK

Hands-on session 1

Procedures

- o Standard exploration of anatomical structures and main landmarks in the hand, wrist, and elbow:
 - The epicondyle.
 - The ulnar nerve at the elbow.
 - The lacertus.
 - The path of the short extensor/long abductor of the thumb.
 - The distal radius and distal radioulnar (DRU) joint.
 - The carpal tunnel.
 - The digital tunnel.

Ultrasound-guided infiltration of the upper limb

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DAY 1 ULTRASOUND SURGERY

Sunday, September 7 - 2025

LUNCH AT THE INSTITUTE

Theoretical session 2 – Focus on the hand

Chairpersons:

- Carpal tunnel: retrograde and anterograde techniques
- Trigger finger of the long finger and thumb
- Ultrasound and local anesthesia
- Lacertus: (retrograde and anterograde techniques)

Discussion 4'

COFFEE BREAK

Hands-on session 1

Procedures

- o Release of flexor tendons (A1 pulley).
- o Release of Lacertus
- o Division of the flexor retinaculum: retrograde and anterograde techniques

END OF ULTRASOUND COURSE

DINNER WITH FACULTIES IN HONOR OF THE PARTICIPANTS

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DAY 2 WRIST ARTHROSCOPY

Monday, September 8 - 2025

Welcoming of participants/OPENING CEREMONY

Theoretical session 2 - The Basics

Chairpersons:

- Wrist arthroscopic anatomy, Technique and portals (12')
- Principles, Indications, Complications of WA (12')
- Removal of ganglia (10 min)
- Styloidectomy (8 min)
- Distal resection of the ulna (8 min)

Discussion 5'

COFFEE BREAK

Hands-on session 1

Procedures

- o Exploration of normal wrist joint, radiocarpal and midcarpal Removal of foreign body, Synovectomy, Ganglia
- Experts help students directly at their allocated tables on an anatomical specimen with simultaneous teaching. Individual practical training by students (1 expert for 2 operating tables) - All Experts

LUNCH AT THE INSTITUTE

Theoretical session 2 -TFCC Pb

Chairperson:

- An update of our understanding and practice of the anatomy, biomechanics, clinical and arthroscopic evaluation of DRUJ (12 min)
- What technique for what lesions (10 min)
- My technique of DRU ligament reconstruction (8 min)

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DAY 2 WRIST ARTHROSCOPY

Monday, September 8 - 2025

COFFEE BREAK

Hands-on session 2

Procedures

o TFCC repairs & reconstructions

- Experts help students directly at their allocated tables on an anatomical specimen with simultaneous teaching. Individual practical training by students (1 expert for 2 operating tables) - All Experts

END OF THE SESSION

FACULTY & PARTICIPANTS DINNER

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DAY 3 WRIST ARTHROSCOPY

Tuesday, September 9 - 2025

EVALUATION OF THE PREVIOUS DAY

Theoretical session 3 – SL pb

Chairperson:

- Pathoanatomy of SL instability, and clinical application of arthroscopic repair techniques in 2025 (12')
- Role of DIC and volar ligaments in acute and chronic scapholunate dissociation (reducible). (12')
- Ligament specific reconstruction for SLI (10')
- How I do an arthroscopy-assisted scapholunate reconstruction with internal brace augmentation (8')

COFFEE BREAK

Hands-on session 3

Procedures :

- o Scapholunate: ADCL & SL reconstructions
 - Experts help students directly at their allocated tables on an anatomical specimen with simultaneous teaching. Individual practical training by students (1 expert for 2 operating tables) - All Experts

Lunch at the Institute

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DAY 3 WRIST ARTHROSCOPY

Tuesday, September 9 - 2025

Theoretical session 4 – Scaphoid & Bone Pb

Chairperson:

- Scaphoid nonunion: My procedure (10 ')
- Proximal pole nonunion (8 ')
- Arthroscopic bone fusion (10 ')
- Arthroscopic management of SNAC Wrist (10')

Discussion -

COFFEE BREAK

Hands-on session 4

Procedures :

- o Scaphoid non-union Bone fusion, Distal radius fracture
 - Experts help students directly at their allocated tables on an anatomical specimen with simultaneous teaching. Individual practical training by students (1 expert for 2 operating tables) - All Experts

END OF THE COURSE

DELIVERY OF CERTIFICATES OF ATTENDANCE

INDORE INTERNATIONAL CONVENTION CENTER



INDORE INTERNATIONAL CONVENTION CENTER

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Includes Room, Breakfast, Lunch, and Dinner

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SPECIAL**

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Ultrasound Surgery

Registration Fee Includes

- Live or prerecorded operative demonstrations
- Theoretical sessions
- Hands-On Sessions
- Coffee Breaks and Lunch

Registration Fee Excludes

- Travel, Local Transportation and Accommodation
- Dinners

**INR 75,000 + 18 % GST
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Wrist Arthroscopy

Registration Fee Includes

- Live or prerecorded operative demonstrations
- Theoretical sessions
- Hands-On Sessions
- Coffee Breaks, Lunches and 1 Gala Dinner (Faculty & Delegates)

Registration Fee Excludes

- Travel, Local Transportation and Accommodation
- Dinners

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USD 1500**

Ultrasound Surgery and Wrist Arthroscopy

Registration Fee Includes

- Live or prerecorded operative demonstrations
- Theoretical sessions
- Hands-On Sessions
- Coffee Breaks, Lunches and 1 Gala Dinner (Faculty & Delegates)

Registration Fee Excludes

- Travel, Local Transportation and Accommodation
- Dinners

**INR 125,000 + 18 % GST
USD 2000**

For more information contact : **9893136242 | 7389038080**

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